



# SACRED HEART PARISH & ACADEMY



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## Retreat Information and Registration Form

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### WHY RETREAT?

As a parish and academy dedicated to the Sacred Heart of Jesus Christ, it is our purpose to draw close to Christ and allow Him to transform our lives and hearts. Retreats are an integral part of this mission as they allow our youth to step back from the noise and luxury of daily life in order to whole-heartedly pursue Christ alongside their classmates and friends. Students of the Academy are expected to participate in the retreats planned for this academic year. Please read the descriptions below, choose which retreats your student(s) will attend, and complete the pre-registration form. The form is to be returned to the parish or academy office before Thursday, September 20th.

### MEN OF VALOR & WOMEN OF PEACE (October 26 - 28, 2018)

During this weekend retreat, guys and girls are invited to attend parallel retreats with adult leaders from Sacred Heart. The guys will camp and spend the weekend exploring what it means to wage spiritual warfare as a Catholic man. The girls will go to cabins on Lake Michigan to reflect on the beauty of a feminine heart devoted to the Lord. More information on location and cost will be announced as the retreat date draws closer.

### COMMUNITY OF SAINT JOHN VISIT (February 22 - 24, 2019)

The Brother and Sisters of Saint John have graciously hosted a small group of our FT students in past years. This year, the retreat is open to all high schoolers, Academy FT and CEC, and members of the parish. Students on this retreat are invited to immerse themselves in the daily life of this religious community. A semi-silent retreat, students will have ample opportunity to pray, reflect, and receive the sacraments, but they will also have time for small group discussions, play, and meals with the brothers and sisters. Parents and students are expected to attend two group meetings on the value of silence and contemplative prayer in preparation for this retreat.

### MARCH FOR LIFE (January 16 - 19, 2019)

“Hey, hey, ho, ho! Roe v. Wade has got to go!” Students are invited to stand up in peaceful demonstration for the right to life in our nation’s capital. This trip requires some fundraising, a heart ablaze for justice, and some good walking shoes. Come to our informational meeting on Sept 5 at 6pm in the Sacred Heart Gym for more information.

### SPRING BREAK MISSION TRIP (March 28 - April 6, 2019)

Save the Dates! This annual trip to Mississippi is a fun and immersive opportunity to offer service to the Body of Christ. More information and registration to follow.



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## RETREAT PRE-REGISTRATION

(Please fill out one form per child. Spots will be confirmed when the retreat fee is paid.)

Student Name \_\_\_\_\_

Grade \_\_\_\_\_

Circle One:    FT                    CEC                    PARISHIONER

I would like to register my student to attend the following retreats (Mark all that apply. Academy families choose one of each option):

### Contemplative Options

\_\_\_\_\_ Women of Peace (10/26 - 10/28)

\_\_\_\_\_ Men of War (10/26 - 10/28)

\_\_\_\_\_ Community of St John Retreat (2/22 - 2/24)

### Apostolic Options

\_\_\_\_\_ March for Life (1/16 - 1/19)

\_\_\_\_\_ Spring Break Mission Trip (3/28 - 4/6)  
(save the dates -- registration to follow)

Parent Name (please print) \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_